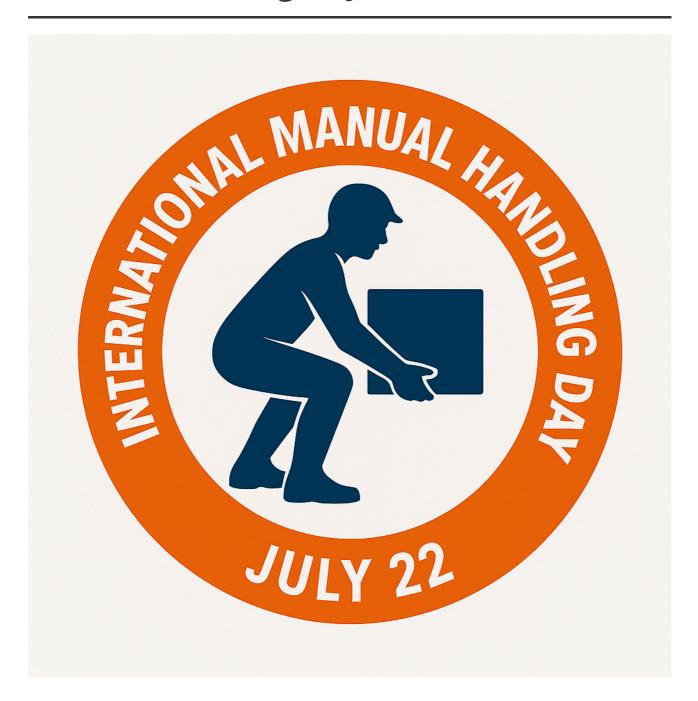
# Email Templates for International Manual Handling Day



## **Template 1: MHD Announcement Email**

Subject: Toin Us for International Manual Handling Day - July 22!

Dear Team,

We're excited to announce that our company will be participating in **International** Manual Handling Day on July 22, 2025!

This global initiative promotes workplace safety and proper lifting techniques. As part of our commitment to your health and safety, we'll be hosting special activities and training sessions.

**What to Expect:** - Manual handling safety training - Fun workplace activities and competitions - Safety equipment demonstrations - Team building exercises focused on safety

**Why This Matters:** - 21% of workplace injuries are caused by improper manual handling - Proper techniques can prevent back injuries and save lives - Together, we can create a safer workplace for everyone

Mark your calendars and get ready to lift safely!

Best regards, [Your Name] HR Department

#### **Template 2: Training Invitation Email**

Subject: 📚 Mandatory Manual Handling Training - July 22

Dear [Employee Name],

You are invited to attend our **Manual Handling Training Session** as part of International Manual Handling Day celebrations.

**Session Details:** - Date: July 22, 2025 - Time: [Insert Time] - Location: [Insert Location] - Duration: 2 hours

**What You'll Learn:** - The Ten Commandments of Manual Handling - Proper lifting techniques - Risk assessment procedures - When and how to use lifting aids

**Please Note:** - Attendance is mandatory for all employees - Comfortable clothing recommended - Certificate of completion will be provided - Light refreshments will be served

Please confirm your attendance by replying to this email.

#### **Template 3: Activity Participation Email**

**Subject: ( )** Join Our MHD Safety Challenge!

Hi Everyone,

Get ready for some fun! We're organizing exciting activities for International Manual Handling Day:

Activities Include: 1. Safety Scavenger Hunt - Find safety equipment around the office 2. "Lift with Your Legs" Competition - Show off your proper technique 3. Safety Bingo - Complete safety tasks throughout the day 4. Manual Handling Trivia - Test your safety knowledge 5. Team Lifting Challenge - Work together safely

**Prizes Available:** - Safety equipment packages - Extra vacation days - Gift vouchers - Recognition certificates

When: July 22, 2025 Where: [Location] Time: [Time]

Let's make workplace safety fun and memorable!

Sign up by replying to this email.

Stay safe, [Your Name]

### **Template 4: Post-Event Thank You Email**

**Subject:** 🙏 Thank You for Making MHD a Success!

Dear Team,

What an amazing International Manual Handling Day we had! Thank you all for your enthusiastic participation and commitment to workplace safety.

**Event Highlights:** - 100% participation in safety training - [Number] employees certified in manual handling - Zero incidents during activities - Great teamwork and safety awareness

**Key Takeaways:** - We're all responsible for workplace safety - Proper techniques prevent injuries - Safety can be fun and engaging - Together, we create a safer workplace

**Moving Forward:** - Apply what you learned in daily work - Continue using proper lifting techniques - Report any safety concerns immediately - Help new employees learn safe practices

Remember: Every day is a good day to practice safe manual handling!

Thank you for making our workplace safer.

Best regards, [Your Name] HR Department

#### **Template 5: Reminder Email**

**Subject:** Training Tomorrow!

Hi [Employee Name],

Just a friendly reminder about tomorrow's Manual Handling Training session:

**Tomorrow - July 22, 2025** - Time: [Insert Time] - Location: [Insert Location] - What to bring: Just yourself and a positive attitude!

**Quick Prep:** - Wear comfortable clothing - Bring any questions about workplace lifting - Be ready to participate in practical exercises

See you there!

[Your Name] HR Department

These email templates are provided free for International Manual Handling Day. Feel free to customize them for your organization and use the MHD logo in your communications.